



PLEASE SEND ALL REFERRALS TO  
OUR CENTRAL TOLL FREE FAX LINE  
**855-404-4017**

**BC-Wide Telemedicine  
Lifestyle Medicine & Specialist Network**

**Jesse Pewarchuk MD FRCPC \* Jasdeep Saluja MD FRCPC & Associates**  
**“Management of chronic disease through intensive lifestyle modification.”**

Aroga is proud to provide specialist physician medical consultations and allied health care services via telemedicine to the entire province of British Columbia. Using this referral form, you can access our expanding suite of care options, with your patient seen using cutting edge telemedicine software by practicing BC specialists. For our services, your patient requires access to the following: a good broadband internet connection and either (1) a computer with microphone, speakers, web-cam, Google Chrome or Safari browser; OR (2) an Apple or Android device with our app installed.

**AROGA LIFESTYLE MEDICINE**     **Adult**     **Pediatric**  
**(COMMON ELIGIBLE CONDITIONS):**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Obesity and Obesity Related Disease        | <input type="checkbox"/> Diabetes Type 2              | <input type="checkbox"/> Dyslipidemia            |
| <input type="checkbox"/> Non-Alcoholic Fatty Liver Disease and NASH | <input type="checkbox"/> Hypertension                 | <input type="checkbox"/> Coronary Artery Disease |
| <input type="checkbox"/> Polycystic Ovarian Syndrome                | <input type="checkbox"/> Osteoporosis and Bone Health | <input type="checkbox"/> Cerebrovascular Disease |
| <input type="checkbox"/> Erectile Dysfunction & Hypogonadism        | <input type="checkbox"/> Atrial Fibrillation          | <input type="checkbox"/> Other _____             |

The Aroga Lifestyle Medicine specialist consult treats chronic disease with evidence-based & guideline-based intensive-yet-sustainable lifestyle change interventions as primary treatment and when necessary provides pharmacological treatment. Consults and follow ups combine our medical specialist expertise with in-house allied health professionals to optimize outcomes and provide patients with the tools necessary to take control of their own bodies. This specialist consult is fully covered by MSP in BC.

**SPECIALTY MEDICAL SERVICES**

- |   |   |
|---|---|
| <input type="checkbox"/> GENERAL INTERNAL MEDICINE  | <input type="checkbox"/> BARIATRIC/OBESITY MEDICINE ( <i>patients will be assessed/prepared for Bariatric surgery eligibility by Diplomates of the American Board of Obesity Medicine</i> ) |
| <input type="checkbox"/> GENERAL PEDIATRICS   | <input type="checkbox"/> OSTEOPOROSIS and BONE HEALTH   |
| <input type="checkbox"/> ENDOCRINOLOGY  | <input type="checkbox"/> HEMATOLOGY   |
| <input type="checkbox"/> ENDOCRINOLOGY <i>with special interest in male and female hypogonadism</i> | <input type="checkbox"/> CARDIOLOGY   |

**FUNCTIONAL DISORDERS:**

- FIBROMYALGIA
- CHRONIC FATIGUE
- IRRITABLE BOWEL SYNDROME

**ALLIED HEALTH PROFESSIONAL CONSULT & TREATMENT**

- REGISTERED DIETITIAN\*
- REGISTERED CLINICAL COUNSELLOR\*
- REGISTERED PHYSIOTHERAPIST\*
- REGISTERED SPEECH PATHOLOGY\*

*\* Private pay, covered by most third party benefits*

Reason for Referral: \_\_\_\_\_  
*Please attach any lab results, imaging or prior consultant reports to aide in our consultation.*

Referring Physician: \_\_\_\_\_ MSP ID # \_\_\_\_\_

**PATIENT INFORMATION**

NAME	
ADDRESS	
DATE OF BIRTH	MSP#
TELEPHONE NUMBER	EMAIL

MD Signature \_\_\_\_\_

*Please provide and append as much pertinent data as possible. Eg: Lab Reports, Consultant Reports, Imaging Reports, etc. You will get notified about your patient's booked appointment time and date. All consult notes will be sent to your office via fax.*

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