

**Alexander Wong MD FRCPC* Claire Wu MD FRCPC* Maggie WanLi Zho MD FRCPC
& Associates**

“Multispecialty Medical Clinic ~ In-Person and/or by Telemedicine”

AROGA LIFESTYLE MEDICINE (COMMON ELIGIBLE CONDITIONS):

- | | | |
|---|---|--|
| <input type="checkbox"/> Obesity and Obesity Related Disease | <input type="checkbox"/> Diabetes Type 2 | <input type="checkbox"/> Dyslipidemia |
| <input type="checkbox"/> Non-Alcoholic Fatty Liver Disease and NASH | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Coronary Artery Disease |
| <input type="checkbox"/> Polycystic Ovarian Syndrome | <input type="checkbox"/> Osteoporosis and Bone Health | <input type="checkbox"/> Cerebrovascular Disease |
| <input type="checkbox"/> Erectile Dysfunction & Hypogonadism | <input type="checkbox"/> Atrial Fibrillation | <input type="checkbox"/> Other _____ |

The Aroga Lifestyle Medicine specialist consult treats chronic disease with evidence-based & guideline-based intensive-yet-sustainable lifestyle change interventions as primary treatment and when necessary provides pharmacological treatment. Consults and follow ups combine our medical specialist expertise with in-house allied health professionals to optimize outcomes and provide patients with the tools necessary to take control of their own bodies. This specialist consult is fully covered by MSP in BC.

CARDIAC DIAGNOSTICS

- | | | |
|---|---|--|
| <input type="checkbox"/> 24-Hour BP Monitor | <input type="checkbox"/> Treadmill Consult | <input type="checkbox"/> Fitness To Exercise |
| <input type="checkbox"/> Holter Testing | <input type="checkbox"/> Palpitations Consult | <input type="checkbox"/> Syncope Consult |
| <input type="checkbox"/> Electrocardiogram | <input type="checkbox"/> Chest Pain Consult | <input type="checkbox"/> Other _____ |

GENERAL INTERNAL MEDICINE and PERIOPERATIVE MEDICINE

Reason for referral (please append a referral letter with details): _____

If Pre-op, what is the proposed OR date: _____

Click one:

VERY URGENT (within days) URGENT (within 3 weeks) NONURGENT (>3 weeks)

ANEMIA and/or IRON DEFICIENCY

- Anemia/Iron Deficiency Consultation
- General Hematological Disorder
- Iron Infusion (private service, infusion fee applicable)

***Please ensure the patient provided with a prescription for Venofer or Monoferic and order to infuse

SLEEP MEDICINE SPECIALIST

- Sleep Apnea
- Insomnia
- Other disorder of sleep

BARIATRIC MEDICINE

- Bariatric Medicine
- Consult provided by ABOM certified General Internists and bariatric specialized Registered Dieticians, this service assesses and prepares patients for bariatric surgery. Once criteria are met, patients are referred on to Bariatric Surgery*

FUNCTIONAL DISORDERS

- Fibromyalgia and Chronic Fatigue
 - Irritable Bowel Syndrome
- Internal Medicine Consult (with special interest in these conditions) provides guideline-based investigations into alternative causes and, when appropriate, provides patients with current treatments.*

PATIENT REFERRAL

NAME		<input type="checkbox"/> M <input type="checkbox"/> F
PHN	DATE OF BIRTH	
TELEPHONE	CELL PHONE	
ADDRESS	EMAIL	
DIAGNOSIS		
REFERRING MD	MSP#	
REFERRING	REFERRING PRACTITIONER	
COPIES TO		

MD Signature _____

Please provide and append as much pertinent data as possible. Eg: Lab Reports, Consultant Reports, Imaging Reports, etc. You will get notified about your patient's booked appointment time and date. All consult notes will be sent to your office via fax.

PLEASE SEND ALL REFERRALS TO THE CENTRAL FAX LINE: (604) 914 2551