

MAGGIE WANLI ZHOU MD FRCPC * JASDEEP SALUJA MD FRCPC & ASSOCIATES

“MULTISPECIALTY MEDICAL CLINIC - IN-PERSON AND/OR BY TELEMEDICINE”

AROGA LIFESTYLE MEDICINE (COMMON ELIGIBLE CONDITIONS):

- | | | |
|---|---|--|
| <input type="checkbox"/> Obesity and Obesity Related Disease | <input type="checkbox"/> Diabetes Type 2 | <input type="checkbox"/> Dyslipidemia |
| <input type="checkbox"/> Non-Alcoholic Fatty Liver Disease and NASH | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Coronary Artery Disease |
| <input type="checkbox"/> Polycystic Ovarian Syndrome/Infertility | <input type="checkbox"/> Osteoporosis and Bone Health | <input type="checkbox"/> Cerebrovascular Disease |
| <input type="checkbox"/> Erectile Dysfunction & Hypogonadism | <input type="checkbox"/> Atrial Fibrillation | <input type="checkbox"/> Other _____ |

The Aroga Lifestyle Medicine specialist consult treats chronic disease with evidence-based & guideline-based intensive-yet-sustainable lifestyle change interventions as primary treatment and when necessary provides pharmacological treatment. Consults and follow ups combine our medical specialist expertise with in-house allied health professionals to optimize outcomes and provide patients with the tools necessary to take control of their own bodies. This specialist consult is fully covered by MSP in BC.

CARDIAC DIAGNOSTICS

- | | |
|--|--|
| <input type="checkbox"/> Cardiac Care Rapid Assessment
(ECG + Holter / Patch + Exercise Stress Test) | <input type="checkbox"/> Exercise Stress Test (Treadmill) |
| <input type="checkbox"/> 12 Lead Electrocardiogram (same day service available) | <input type="checkbox"/> 24-HR Ambulatory Blood Pressure Monitoring*
(within 1-2 weeks \$75 fee) |
| <input type="checkbox"/> Holter Monitoring (within 1-2 weeks)
<input type="checkbox"/> 24-Hour <input type="checkbox"/> 5-7 Days <input type="checkbox"/> 9-14 Days | <input type="checkbox"/> Body Mass Index Testing* (within 1-2 weeks \$50)
(*These tests are not covered by MSP) |

CONSULTS

- Palpitations Consult
- Chest Pain Consult
- Fitness To Exercise
- Syncope Consult
- Treadmill Consult
- Consult if tests are Abnormal

GENERAL INTERNAL MEDICINE AND PERIOPERATIVE MEDICINE

Reason for referral (please append a referral letter with details): _____

If Pre-op, what is the proposed OR date: _____

ANEMIA AND/OR IRON DEFICIENCY

- Anemia/Iron Deficiency Consultation
- General Hematological Disorder
- Iron Infusion (private service, infusion fee applicable)
***Please ensure the patient provided with a prescription for Venofer or Monoferic and order to infuse

GERIATRIC SPECIALIST

The Aroga Geriatric Medicine program provides a medically supervised interdisciplinary program for management of lifestyle linked chronic diseases including dementia. *Please complete Geriatrics referral form found at aroga.com or on Pathways.*

ADDITIONAL PRIVATE SERVICES

- Registered Dietitian
- Assessment Clinical Counselling

BARIATRIC MEDICINE

- Bariatric Medicine
Consult provided by ABOM certified General Internists and bariatric specialized Registered Dietitians. *This service assesses and prepares patients for bariatric surgery. Once criteria are met, patients are referred on to Bariatric Surgery.*

FUNCTIONAL DISORDERS

- Fibromyalgia and Chronic Fatigue
- Irritable Bowel Syndrome
- Brain Health
- Chronic Pain

CIRCLE ONE:

VERY URGENT (within days)

URGENT (within 3 weeks)

NONURGENT (>3 weeks)

PATIENT REFERRAL

NAME		<input type="checkbox"/> M <input type="checkbox"/> F
PHN	DATE OF BIRTH	
TELEPHONE	CELL PHONE	
ADDRESS	EMAIL	
DIAGNOSIS		
REFERRING PRACTITIONER::	MSP ID #	
PRIMARY CARE PRACTITIONER::	MSP ID #	
COPIES TO		

MD Signature _____

Please provide and append as much pertinent data as possible. Eg: Lab Reports, Consultant Reports, Imaging Reports, etc. You will get notified about your patient's booked appointment time and date. All consult notes will be sent to your office via fax.

PLEASE SEND ALL REFERRALS TO THE CENTRAL FAX LINE: 604-914-2551